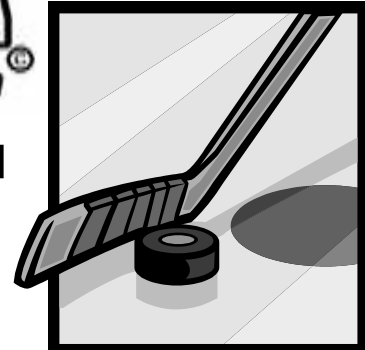




TO THE POINT



IMPORTANT DATES:

- **"AA" SILVER STICK TOURNAMENT NOV 28-29**
- **"AE" SILVER STICK TOURNAMENT DEC 12-13**
- **"HL" TOURNAMENT FEB 20-21**
- **PHOTO RE-TAKE EVENING TBD... WATCH THE WEBSITE**

H1N1..It's here, now what???

The rumors around the arena are true....there has been at least one confirmed case of H1N1 flu virus amongst our "hockey family". This should not be surprising, we have been told it's been coming and now it is here. Over the next few weeks it is likely that more cases in our area will be confirmed. Let's be smart, pro-active and aware of what we can do to help. Hockey Canada has the following recommendations sent in a recent bulletin;

- Players should be urged to report all illnesses to their parents and the safety person/trainer. **Parents are urged to keep their children away from the hockey environment if they are showing signs of infectious disease or virus. Sick players are encouraged to see their physician if showing signs or symptoms of the H1N1 virus, and to be fully recovered prior to returning to play.**
- Players should be encouraged to wash hands routinely and always after handling hockey equipment. Teams are encouraged to carry extra hand soap and hand sanitizer.
- Talk to your players about covering their mouths and nose when coughing or sneezing using their arm instead of their hands.
- Advise players to try and not touch their own mouths or nose when in the hockey environment to reduce the chance of them passing an infection on to themselves.
- Ensure all players and staff has their own water bottles labeled with names and players numbers. Direct lip contact to the bottles should be avoided.
- Officials and coaches should avoid drinking from other players water bottles and have water readily available to them on their perspective benches.
- Towels should be removed from all benches. Players should not share towels, clothing, bar soap or other personal items.
- Assist athletes in protecting their immune system by stressing they get sufficient sleep, that they do not over train and that they get proper nutrition.

The symptoms of H1N1 are very similar to those of the common flu virus. According to Public Health Canada you will almost always have cough AND fever with H1N1, it is common to have fatigue, headache, sore throat, runny nose, decreased appetite and it is sometimes accompanied by nausea, vomiting and diarrhea. Stay home to recover, if symptoms worsen or you have difficulty breathing or shortness of breath, seek emergency care.

Georgina Minor Hockey Association is once again honored to host Silver Stick Tournaments in our "AA" and "AE" divisions. The International Silver Stick Association is a USA & Canadian non-profit charitable Youth Hockey Association. Their tournaments were created to bring together for competition the best youth hockey teams in North America and to promote citizenship and goodwill through hockey. These tournaments are played across North America, with our very own Georgina being one of the hosting centers. Champions from these tournaments are invited to advance and play other champions in International Finals Tournaments. Teams may only represent one Regional Qualifying Tournament.



Minor Pee wee AE took part in the Uxbridge Early Bird Tournament in September. They defeated Ajax 2-1 to win the Championship.

Major Bantam AE participated in the Richmond Hill Early Bird Tournament. They defeated Oakville 3-1 to take the championship.

Major Pee wee AA competed in the West Ferris Tournament in North Bay on Oct 24/25 weekend. They scored in OT to win their semifinal and earned a shutout to win the final

Major Pee wee AE competed in the 18th Annual Stirling Pee wee Tournament on Oct 24/25 weekend. They won the tournament with two shut-outs and out scored their opponents 29-2.

Congratulations!!!! Keep up the Blaze Spirit!!!!!!!

TOP GMHA BLAZE TEAM STANDINGS

(at time of newsletter printing)

Rep standings information taken off the OMHA website

- NOVICE AA: 1st place (undefeated)
- NOVICE AE: Tied 1st place with Schomberg (undefeated)
- MIDGET A: Tied 1st place with Bradford
- MINOR ATOM AE: 2nd place
- BANTAM AE: 2nd place
- MINOR BANTAM AE: 2nd place

COACHES CORNER

Goalie and HL Player clinics are now being run on Friday evenings at 6pm on the Blue Pad. Check the website for details. Brian Vandergulik is a well respected instructor who will be running these clinics. Coaches are encouraged to come out during the player development nights to learn some effective strategies for their practices (ie) 1/2 ice practice techniques.

ALL VSS (police check) ARE DUE INTO GMHA SECRETARY, KELLY BUTTERWORTH, BY NOVEMBER 15, 2009

House League Select teams will not pay any rep fees this year, however, they will be responsible for purchasing their own ice and jerseys

SENIOR HOUSE LEAGUE STANDINGS (TOP THREE)			
	ATOM	PEEWEE	BANTAM
FIRST	Team 4 Greg Brady Schell Lumber	Team 2 Tony Galati Home Hardware	Team 1 Sid Smith Fit Financial
SECOND	Team 7 Austin Trott Pier 27 Produce	Team 1 Steve Morgan Brown Hill Auto Service	Team 8 Tom Young Pizza Pizza
THIRD	Team 6 Rob Wilkinson Bonnie Boats	Team 6 Mike Brankley Etherington Ins	Team 6 Richard Oliver Schell Lumber